NOVEMBER 2024

Dover Site Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Protein Protein Choose My Plate. gov			01 B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Watermelon Broccoli S-Blueberry Yogurt Animal Crackers
04 B-Yogurt Graham Crackers Blueberries L-Chicken Nuggets Beans Brown Rice Apples/Apple Sauce Mixed Vegetables S-Trail Mix with Dried Cereal Milk	SCHOOL CLOSED	06 B-Whole Wheat Waffle Apple Juice L-Whole Grain Pasta Ground Beef Sauce Clementine Green Beans S-Whole Wheat Crackers Mozzarella Cheese Slices	SCHOOL CLOSED	9 SCHOOL CLOSED
11 B-Life Cereal Blueberries L-Turkey Meatballs Whole Grain Pasta Apples/Apple Sauce Mixed Vegetables S-Strawberry Yogurt Whole Wheat Graham Crackers	12 B-Scrambled Eggs French Toast Orange Juice L-Pinto Beans Brown Rice Pineapple Sliced Carrots S-Strawberry Cup Goldfish Crackers	13 B-Whole Grain Pancake Apple Juice L-Chicken Fajita Whole Wheat Tortilla Brown Rice Sliced Pears Lettuce, Corn, Tomatoes S-Whole Wheat Crackers Mozzarella Cheese Slices	14 B-Whole Grain Oatmeal Sliced Peaches L-Grilled Cheese Whole Wheat Bread Clementine Green Beans S-Trail Mix w/Dried Cereal Milk	15 B-Cheerios Cereal Orange Slices L-Whole Wheat Pizza w/Extra Cheese Watermelon Broccoli S-Blueberry Yogurt Animal Crackers
18 B-Life Cereal Blueberries L-Cheesy Chicken Pasta with Whole Grain Pasta Sliced Peaches Peas S-Strawberry Yogurt Whole Wheat Graham Crackers	19 B-Scrambled Eggs Whole Wheat Toast Orange Juice L-Chicken Fajita Whole Wheat Tortilla Brown Rice Sliced Pears Lettuce, Corn, Tomatoes S-Strawberry Cup Goldfish Crackers	20 B-Whole Grain Pancake Apple Juice L-Black Beans Brown Rice Pineapple Sliced Carrots S-Whole Wheat Crackers Mozzarella Cheese Slices	21 B-Whole Grain Oatmeal Orang Slices L-Grilled Cheese Whole Wheat Bread Clementine Green Beans S-Trail Mix w/Dried Cereal Milk	22 B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Watermelon Broccoli S-Blueberry Yogurt Animal Crackers
25 B-Life Cereal Blueberries L-Ground Beef Sauce Whole Grain Pasta Mandarin Oranges Mixed Vegetables *Early Dismissal*	26 B-Whole Grain Oatmeal Blueberries L-Roasted Turkey Dinner Roll Cranberries Corn and Peas Sweet Potatoes *Early Dismissal*	27 B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Watermelon Broccoli *Early Dismissal*	Happy Zu Thanksgiving	School Closed

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

Portions suggested by the USDA Child and Adult Care Food Program

Head Start children ages 2-5 years are served 1% or nonfat milk and water with meals

E.H.S. children ages 0-23 months are served whole milk with meals

HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.

MENU SUBJECT TO CHANGE WITHOUT NOTICE