



DECEMBER 2024

Dover Site Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 B-Whole Grain Oatmeal Peaches L-Chicken Nuggets Whole Grain Biscuit Applesauce Carrot Slices S- Strawberry Yogurt Whole Wheat Goldfish	03 B-Scrambled Eggs Corn Muffin Orange Juice L-Lentils Brown Rice Clementine Broccoli S-Trail Mix w/Dried Cereal Milk	04 B-Life Cereal Blueberries L-Meatballs Whole Grain Pasta Apricots Green Beans S-Whole Wheat Crackers Mozzarella Cheese Slices	05 B-Whole Wheat Bagel Orange Slices L- Turkey Taco Whole Wheat Tortilla Brown Rice Pineapple Lettuce, Corn S- Whole Wheat Graham Crackers Milk	06 B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Watermelon Mixed Green Salad S-Blueberry Yogurt Animal Crackers
09 B-Yogurt Graham Crackers Blueberries L-Black Beans Brown Rice Pears Butternut Squash S- Whole Wheat Goldfish Applesauce	10 B-French Toast Orange Slices L-Ground Beef Sauce Whole Grain Pasta Apples/Applesauce Brussel Sprouts S-Trail Mix w/Dried Cereal Milk	11 B-Whole Wheat Pancake Orange Juice L-Chicken Whole Wheat Tortilla Brown Rice Pineapple Lettuce, Corn S-Whole Wheat Crackers Mozzarella Cheese Slices	12 B-Whole Grain Oatmeal Peaches L-Grilled Cheese Whole Wheat Bread Clementine Sliced Cucumbers S-Mixed Berry Fruit Cup Whole Wheat Graham Crackers	13 B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Watermelon Broccoli S-Blueberry Yogurt Animal Crackers
16 B-Whole Grain Oatmeal Cranberries L-Hamburger Whole Wheat Bun Roasted Potatoes Apples/Applesauce Green Beans S-Strawberry Yogurt Whole Wheat Goldfish	17 B-Life Cereal Orange Slices L-Ground Beef Sauce Whole Grain Pasta Pears Sliced Cucumbers S-Trail Mix w/Dried Cereal Milk	18 B-Whole Wheat Pancake Blueberries L- Beans Brown Rice Pineapple Sliced Carrots S-Whole Wheat Crackers Mozzarella Cheese Slices	19 B-Whole Wheat Blueberry Muffin Scrambled Eggs Orange Juice L- Chicken Whole Wheat Tortilla Brown Rice Clementine Lettuce, Corn S-Mixed Berry Fruit Cup Whole Wheat Graham Crackers	20 B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Watermelon Broccoli S-Blueberry Yogurt Animal Crackers
23 School Closed	24 School Closed	25 School Closed	26 School Closed	27 School Closed

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"
 Portions suggested by the USDA Child and Adult Care Food Program
 Head Start children ages 2-5 years are served 1% or nonfat milk and water with meals
 E.H.S. children ages 0-23 months are served whole milk with meals
 HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.
 MENU SUBJECT TO CHANGE WITHOUT NOTICE