

# October 2024

Robert C. Grant Site

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Whole Grain Blueberry Muffin Diced Peaches</p> <p>Whole Grain Pizza All Beef Meatballs Steamed Carrots Applesauce</p>	<p>2</p> <p>Whole Grain Cereal Banana</p> <p>Hamburger Whole Grain Bun Lemon Garlic Kale Orange Slices</p>	<p>3</p> <p><b>SCHOOL CLOSED</b></p>	<p>4</p> <p>Whole Grain Pancake Bites Fruit Cocktail</p> <p>Chicken Tender Whole Grain Wrap Chickpeas Apple Slices</p>
<p>7</p> <p>Whole Grain Waffle Bites Mandarin Oranges</p> <p>Whole Grain Pasta Marinara Beef Meatballs Broccoli Apple</p>	<p>8</p> <p>Corn Muffin Diced Pears</p> <p>Whole Grain Pizza All Beef Meatballs Steamed Carrots Applesauce</p>	<p>9</p> <p>Whole Grain Cereal Apple Slices</p> <p>Beef and Cheese Taco Whole Grain Wrap Seasoned Black Beans Apple Slices</p>	<p>10</p> <p>Whole Grain Blueberry Muffin Diced Mangos</p> <p>Whole Grain Pancakes Hard Boiled Egg Cucumbers Raisins</p>	<p>11</p> <p>Whole Grain Pancake Bites Berries</p> <p>Crispy Chicken Whole Grain Bun Mashed Potatoes Corn Applesauce</p>
<p>14</p> <p>Whole Grain Waffle Bites Apple Slices</p> <p>Whole Grain Mac and Cheese Turkey Meatballs Snap Peas Plum</p>	<p>15</p> <p>Whole Grain Blueberry Muffin Diced Peaches</p> <p>Whole Grain Pizza All Beef Meatballs Steamed Carrots Applesauce</p>	<p>16</p> <p>Whole Grain Cereal Banana</p> <p>Hamburger Whole Grain Bun Lemon Garlic Kale Orange Slices</p>	<p>17</p> <p>Whole Grain Banana Bread Orange Slices</p> <p>Whole Grain French Toast Sticks Turkey Sausage Patty Celery Tomato Salad Raisins</p>	<p>18</p> <p>Whole Grain Pancake Bites Fruit Cocktail</p> <p>Chicken Tender Whole Grain Wrap Chickpeas Apple Slices</p>
<p>21</p> <p>Whole Grain Waffle Bites Mandarin Oranges</p> <p>Whole Grain Pasta Marinara Beef Meatballs Broccoli Apple</p>	<p>22</p> <p>Corn Muffin Diced Pear</p> <p>Whole Grain Pizza All Beef Meatballs Steamed Carrots Applesauce</p>	<p>23</p> <p>Whole Grain Cereal Apple Slices</p> <p>Beef and Cheese Taco Whole Grain Wrap Seasoned Black Beans Apple Slices</p>	<p>24</p> <p>Whole Grain Blueberry Muffin Diced Mangos</p> <p>Whole Grain Pancakes Hard Boiled Egg Cucumbers Raisins</p>	<p>25</p> <p>Whole Grain Pancake Bites Berries</p> <p>Crispy Chicken Whole Grain Bun Mashed Potatoes Corn Applesauce</p>
<p>28</p> <p>Whole Grain Waffle Bites Apple Slices</p> <p>Whole Grain Mac and Cheese Turkey Meatballs Snap Peas Plum</p>	<p>29</p> <p>Whole Grain Blueberry Muffin Diced Peaches</p> <p>Whole Grain Pizza All Beef Meatballs Steamed Carrots Applesauce</p>	<p>30</p> <p>Whole Grain Cereal Banana</p> <p>Hamburger Whole Grain Bun Lemon Garlic Kale Orange Slices</p>	<p>31</p> <p>Whole Grain Banana Bread Orange Slices</p> <p>Whole Grain French Toast Sticks Turkey Sausage Patty Celery Tomato Salad Raisins</p>	

**"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"**

Portions suggested by the USDA Child and Adult Care Food Program  
Head Start children ages 2-5 years are served 1% or nonfat milk and water with meals  
E.H.S. children ages 0-23 months are served whole milk and water with meals  
HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.

MENU SUBJECT TO CHANGE WITHOUT NOTICE