





MARCH 2025

Dover Site Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>03</p> <p>B-Whole Grain Oatmeal Applesauce L-Hamburger Whole Wheat Bun Sliced Peaches Peas S-Whole Wheat Graham Crackers Milk</p>	<p>04</p> <p>B-Scrambled Eggs Orange Juice Whole Wheat Toast L-Diced Chicken Brown Rice Cucumbers Sliced Pears S-Whole Wheat Goldfish Yogurt</p>	<p>05</p> <p>B-Whole Wheat Waffle Blueberries L-Whole Grain Pasta Turkey Meatballs Brussel Sprouts Apricots S-Trail Mix w/Dried Cereal Milk</p>	<p>06</p> <p>B-Whole Wheat Bagel Orange Slices L-Lentils Brown Rice Pineapple Green Beans S-Whole Wheat Crackers Mozzarella Cheese</p>	<p>07</p> <p>B-Cheerios Cereal Banana L-Whole Wheat Pizza w/ Extra Cheese Broccoli Apples/Applesauce S-Yogurt Animal Crackers</p>
<p>10</p> <p>B-Whole Grain Oatmeal Applesauce L-Chicken Nuggets Whole Grain Biscuit Mixed Fruit Peas S-Whole Wheat Graham Crackers Milk</p>	<p>11</p> <p>B-Scrambled Eggs Orange Juice Whole Wheat Toast L-Turkey Taco Whole Wheat Tortilla Brown Rice Mixed Salad Sliced Pears S-Whole Wheat Goldfish Yogurt</p>	<p>12</p> <p>B-Whole Wheat Waffle Blueberries L-Whole Grain Pasta Turkey Meatballs Brussel Sprouts Apricots S-Trail Mix w/Dried Cereal Milk</p>	<p>13</p> <p>B-Whole Wheat Bagel Orange Slices L-Black Beans Brown Rice Pineapple Green Beans S-Whole Wheat Crackers Mozzarella Cheese</p>	<p>14</p> <p>B-Cheerios Cereal Banana L-Whole Wheat Pizza w/ Extra Cheese Broccoli Apples/Applesauce S-Yogurt Animal Crackers</p>
<p>17</p> <p>B-Whole Grain Oatmeal Applesauce L-Hamburger Whole Wheat Bun Sliced Carrots Sliced Peaches S-Whole Wheat Graham Crackers Milk</p>	<p>18</p> <p>B-Egg Patty Orange Juice Whole Wheat Toast L-Diced Chicken Brown Rice Cucumbers Sliced Pears S-Whole Wheat Goldfish Yogurt</p>	<p>19</p> <p>B-Whole Wheat Pancakes Blueberries L-Whole Grain Pasta Ground Beef Sauce Brussel Sprouts Apricots S-Trail Mix w/Dried Cereal Milk</p>	<p>20</p> <p>B-Whole Wheat Bagel Orange Slices L-Lentils Brown Rice Pineapple Green Beans S-Whole Wheat Crackers Mozzarella Cheese</p>	<p>21</p> <p>B-Cheerios Cereal Banana L-Whole Wheat Pizza w/ Extra Cheese Broccoli Apples/Applesauce S-Yogurt Animal Crackers</p> <p>EARLY HEAD START ONLY</p>
<p>24</p> <p>B-Whole Grain Oatmeal Applesauce L-Grilled Cheese Whole Wheat Bread Cucumbers Sliced Peaches S-Whole Wheat Graham Crackers Milk</p>	<p>25</p> <p>B-Scrambled Eggs Orange Juice Whole Wheat Toast L- Turkey Taco Whole Wheat Tortilla Brown Rice Mixed Salad Sliced Pears S-Whole Wheat Goldfish Yogurt</p>	<p>26</p> <p>B-Whole Wheat Waffle Blueberries L-Whole Grain Pasta Ground Beef Sauce Brussel Sprouts Apricots S-Trail Mix w/Dried Cereal Milk</p>	<p>27</p> <p>B-Whole Wheat Bagel Orange Slices L-Black Beans Brown Rice Pineapple Green Beans S-Whole Wheat Crackers Mozzarella Cheese</p>	<p>28</p> <p>B-Cheerios Cereal Banana L-Whole Wheat Pizza w/ Extra Cheese Broccoli Apples/Applesauce S-Yogurt Animal Crackers</p>
<p>31</p> <p>B-Whole Grain Oatmeal Applesauce L-Hamburger Whole Wheat Bun Sweet Potato Fries Sliced Peaches S-Whole Wheat Graham Crackers Milk</p>				

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

Portions suggested by the USDA Child and Adult Care Food Program
Head Start children ages 2-5 years are served 1% or nonfat milk with meals
E.H.S. children ages 0-23 months are served whole milk with meals
HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.
MENU SUBJECT TO CHANGE WITHOUT NOTICE