FEBRUARY 2025

Dover Site Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 B-Life Cereal Sliced Peaches L-Chicken Nuggets Whole Grain Biscuit Mixed Fruit Cucumbers S-Yogurt Whole Wheat Graham Crackers	4 B-Scrambled Eggs Whole Wheat Toast Orange Juice L-Beans Brown Rice Carrots Pineapple S-Sliced Peaches Whole Wheat Goldfish	5 B-Whole Wheat Waffle Blueberries L-Whole Grain Pasta Diced Chicken Broccoli Apricots S-Whole Wheat Crackers Mozzarella Cheese	6 B-Whole Grain Oatmeal Orange Slices L-Hamburger Whole Wheat Bun Green Beans Sliced Pears S-Trail Mix W/Dried Cereal Milk	7 B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Apples/Applesauce Brussel Sprouts S-Yogurt Animal Crackers
10 B-Whole Grain Oatmeal Blueberries L-Hamburger Whole Wheat Bun Oven Potatoes Mixed Fruit S-Yogurt Whole Wheat Graham Crackers	11 B-Scrambled Eggs Corn Muffin Orange Juice L-Beans Brown Rice Carrots Blackberries S-Sliced Peaches Whole Wheat Goldfish	12 B-Whole Wheat Pancakes Sliced Pears L-Whole Grain Pasta Ground Beef Tomato Sauce Green Beans Apricots S-Whole Wheat Crackers Mozzarella Cheese	13 B-Whole Wheat Bagel Orange Slices L-Diced Chicken Brown Rice Mixed Vegetables Pineapple S-Trail Mix W/Dried Cereal Milk	14 B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Apples/Applesauce Mixed Green Salad S-Yogurt Animal Crackers
5chool Closed	18 B-Scrambled Eggs Whole Wheat Toast Orange Juice L-Diced Chicken Brown Rice Pineapple Cucumbers S-Sliced Peaches Whole Wheat Goldfish	19 B-Whole Wheat Pancakes Blueberries L-Whole Grain Pasta Ground Beef Tomato Sauce Green Beans Apricots S-Whole Wheat Crackers Mozzarella Cheese	20 B-Whole Grain Oatmeal Orange Slices L-Grilled Cheese Whole Wheat Bread Mixed Green Salad w/Corn Sliced Pears S-Trail Mix W/Dried Cereal Milk	21 B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Apples/Applesauce Broccoli S-Yogurt Animal Crackers
24 B-Whole Grain Oatmeal Blueberries L-Hamburger Whole Wheat Bun Peas & Corn Mixed Fruit S- Yogurt Whole Wheat Graham Crackers	25 B-Scrambled Eggs Corn Muffin Orange Juice L-Beans Brown Rice Carrots Blackberries S-Sliced Peaches Whole Wheat Goldfish	26 B-Whole Wheat Pancakes Applesauce L-Whole Grain Pasta Ground Beef Tomato Sauce Broccoli Apricots S-Whole Wheat Crackers Mozzarella Cheese	27 B-Whole Wheat Bagel Sliced Pears L-Chicken Nuggets Brown Rice Mixed Vegetables Sliced Pears S-Trail Mix W/Dried Cereal Milk	28 B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Watermelon Cauliflower S-Yogurt Animal Crackers

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

Portions suggested by the USDA Child and Adult Care Food Program
Head Start children ages 2-5 years are served 1% or nonfat milk and water with meals
E.H.S. children ages 0-23 months are served whole milk with meals
HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.
MENU SUBJECT TO CHANGE WITHOUT NOTICE