

# JULY 2024

Dover EHS Summer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>01</p> <p>B-Whole Grain Oatmeal Blueberries L-Cheesy Chicken Pasta Whole Grain Pasta Diced Potatoes Mixed Vegetables Peaches S-Graham Crackers and Milk</p>	<p>02</p> <p>B-Scrambled Eggs Orange Juice Corn Muffin L-Chicken Nuggets Brown Rice Black Beans Peas Mixed Fruit S-Mozzarella Cheese Whole Wheat Crackers</p>	<p>03</p> <p>B-Whole Grain Waffle Apple Juice L-Hamburger Whole Grain Bun Green Beans Apple Sauce S-Trail Mix w/Dry Cereal Milk</p>	<p>04</p> <p>School Closed</p>	<p>05</p> <p>School Closed</p>
<p>08</p> <p>B- Whole Grain Oatmeal Blueberries L-Cheesy Chicken Pasta Whole Grain Pasta Diced Potatoes Mixed Vegetables Apricots S-Graham Crackers and Milk</p>	<p>09</p> <p>B-Whole Grain Waffle Apple Juice L- Beef Picadillo Brown Rice Green and Red Peppers Diced Pears S-Mozzarella Cheese Whole Wheat Crackers</p>	<p>10</p> <p>B-Egg Patty Corn Muffin Orange Juice L-Hamburger Whole Grain Bun Green Beans Apple Sauce S- Trail Mix w/Dry Cereal Milk</p>	<p>11</p> <p>B-Whole Grain Bagel Sliced Peaches L-Chicken Nuggets Brown Rice Black Beans Peas Mixed Fruit S-Blueberry Yogurt Animal Crackers</p>	<p>12</p> <p>B-Cheerios Mandarin Orange L-Whole Grain Pizza W/Extra Cheese Broccoli Pineapple Tidbits S-Whole Wheat Goldfish Crackers Apple Sauce</p>
<p>15</p> <p>B-Whole Grain Oatmeal Blueberries L- Whole Grain Bread Turkey and Cheese Sandwich Diced Potatoes Sliced Cucumbers Mixed Fruit S-Graham Crackers and Milk</p>	<p>16</p> <p>B-Whole Grain Waffle Apple Juice L- Chicken Tacos Whole Grain Tortilla Lettuce, Corn, Peppers Apricots S-Mozzarella Cheese Whole Wheat Crackers</p>	<p>17</p> <p>B-Egg Patty Corn Muffin Orange Juice L- Hamburger Whole Grain Bun Green Beans Apple Sauce S-Trail Mix w/Dry Cereal Milk</p>	<p>18</p> <p>B-Whole Grain Bagel Sliced Peaches L- Beef Picadillo Brown Rice Green and Red Peppers Apricots S-Blueberry Yogurt Animal Crackers</p>	<p>19</p> <p>B-Cheerios Mandarin Oranges L-Whole Grain Cheese Pizza w/Extra Cheese Broccoli Pineapple Tidbits S-Whole Wheat Goldfish Apple Sauce</p>

**"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"**

Portions suggested by the USDA Child and Adult Care Food Program  
 Head Start children ages 2-5 years are served 1% or nonfat milk with meals  
 E.H.S. children ages 0-23 months are served whole milk with meals  
 HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.  
 MENU SUBJECT TO CHANGE WITHOUT NOTICE