



OCTOBER 2024

Dover Site Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>01</p> <p>B-Scrambled Eggs Whole Wheat Toast Orange Juice L-Black Beans Chicken Nuggets Brown Rice Pear Slices Carrot Slices S-Whole Wheat Graham Crackers Milk</p>	<p>02</p> <p>B-Whole Wheat Waffle Apple Juice L-Whole Grain Pasta Meat Sauce Apricots Green Beans S-Whole Wheat Crackers Cheese Slices</p>	<p>03</p> <p>B-Whole Wheat Bagel Fresh Orange Slices L-Whole Wheat Tortilla Diced Chicken Brown Rice Pineapple Lettuce, Tomato, Corn S-Trail Mix w/ Cereal Milk</p>	<p>04</p> <p>B-Whole Grain Cheerios Banana L-Whole Wheat Pizza w/Extra Cheese Broccoli Watermelon S-Blueberry Yogurt Animal Crackers</p>
<p>07</p> <p>B-Rice Crispy Cereal Blueberries L-Turkey Taco Whole Wheat Tortilla Brown Rice Apricots Lettuce, Corn, Tomatoes S-Whole Grain Goldfish Mixed Berry Cup</p>	<p>08</p> <p>B-Scrambled Eggs Whole Wheat Toast Orange Juice L-Pinto Beans Brown Rice Pear Slices Carrot Slices S-Whole Wheat Graham Crackers Milk</p>	<p>09</p> <p>B-Whole Wheat Waffle Apple Juice L-Whole Grain Pasta Meat Sauce Clementine Green Beans S-Whole Wheat Crackers Cheese Slices</p>	<p>10</p> <p>B-Whole Grain Oatmeal Fresh Orange Slices L- Grilled Cheese Sandwich Whole Wheat Bread Tomato Soup Broccoli Applesauce S-Trail Mix w/ Cereal Apricot Fruit Cup</p>	<p>11</p> <p>B-Whole Grain Cheerios Sliced Peaches L-Whole Wheat Pizza w/Extra Cheese Cauliflower Watermelon S-Blueberry Yogurt Animal Crackers</p>
<p>14</p> <p>School Closed</p>	<p>15</p> <p>B-Scrambled Eggs Whole Wheat Toast Orange Juice L-Turkey Taco Whole Wheat Tortilla Brown Rice Pineapple Lettuce, Tomato, Corn S-Whole Wheat Graham Crackers Milk</p>	<p>16</p> <p>B-Whole Wheat Waffle Apple Juice L-Whole Grain Pasta Meat Sauce Clementine Green Beans S-Whole Wheat Crackers Cheese Slices</p>	<p>17</p> <p>B-Whole Wheat Bagel Fresh Orange Slices L-Black Beans Brown Rice Applesauce Carrot Slices S-Trail Mix w/Cereal Apricot Fruit Cup</p>	<p>18</p> <p>B-Whole Grain Cheerios Sliced Peaches L-Whole Wheat Pizza w/Extra Cheese Broccoli Watermelon S-Blueberry Yogurt Animal Crackers</p>
<p>21</p> <p>B-Life Cereal Blueberries L-Cheesy Chicken Pasta with Whole Grain Pasta Sliced Peaches Peas S-Whole Grain Goldfish Mixed Berry Cup</p>	<p>22</p> <p>B-Scrambled Eggs Whole Wheat Toast Orange Juice L-Turkey Taco Whole Wheat Tortilla Brown Rice Pear Slices Lettuce, Tomato, Corn S-Whole Wheat Graham Crackers Milk</p>	<p>23</p> <p>B-Whole Wheat Pancake Apple Juice L-Whole Grain Pasta Meat Sauce Clementine Green Beans S-Whole Wheat Crackers Cheese Slices</p>	<p>24</p> <p>B-Whole Grain Oatmeal Fresh Orange Slices L-Hamburger Whole Wheat Bun Applesauce Potato Wedges Carrot Slices S- Trail Mix w/Cereal Milk</p>	<p>25</p> <p>B-Whole Grain Cheerios Sliced Peaches L-Whole Wheat Pizza w/Extra Cheese Broccoli Watermelon S-Blueberry Yogurt Animal Crackers</p>
<p>28</p> <p>B-Scrambled Eggs Whole Wheat Toast Orange Juice L-Turkey Taco Whole Wheat Tortilla Brown Rice Pear Slices Lettuce, Tomato, Corn S-Whole Wheat Graham Crackers Milk</p>	<p>29</p> <p>B-Life Cereal Blueberries L-Cheesy Chicken Pasta with Whole Grain Pasta Sliced Peaches Peas S-Whole Grain Goldfish Mixed Berry Cup</p>	<p>30</p> <p>B-Whole Wheat Pancake Apple Juice L-Whole Grain Pasta Meat Sauce Apricots Green Beans S-Whole Wheat Crackers Cheese Slices</p>	<p>31</p> <p>B-Whole Wheat Bagel Orange Slices L-Pinto Beans Brown Rice Applesauce Carrot Slices S-Trail Mix w/Cereal Milk</p>	

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"
 Portions suggested by the USDA Child and Adult Care Food Program
 Head Start children ages 2-5 years are served 1% or nonfat milk with meals
 E.H.S. children ages 0-23 months are served whole milk with meals
 HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.
 MENU SUBJECT TO CHANGE WITHOUT NOTICE